

What to Bring

- Sleeping Bag
- Pillow
- Daily Change of Clothes
- Pajamas or Sweats
- Bible, Pen, and Paper
- Towel & Washcloth
- Toiletries (shampoo, toothbrush, toothpaste, etc.)
- Tennis Shoes or Boots (closed toe)
- Warm Jacket/ Sweatshirt
- Shower Shoes – recommended for wearing while in the shower
- Modest Swimsuit / Beach Towel
- Chap stick and Sunblock
- Hat / Beanie
- Flashlight

What NOT to Bring

- Electronics including but not limited to cell phones, iPods, mp3 players, games, etc.
- Expensive items such as designer clothing, toys, electronic games, etc.
- Gum or Messy snacks
- Pocket knives, weapons, etc.

*****Please be sure to label ALL of your belongings!*****

Camp FAQs

Q: What time is check in?

Schools can check in between 9:00 to 10:00 AM on Tuesday.

Q: What time is check out?

Check out is between 12:30 to 2:00 PM on Friday

Q: What is the weather like?

The falls in Jamul in October can be warm during the day and nights can get chilly. The fall is also when we usually get our rains. Be sure to send your camper with a good sleeping bag, warm layers, and rain gear.

Q: Can parents pay for registration and/or activities online?

Registration is an agreement between IHC and the school, and as such can only be paid by the school. If you would like an activity added to your school's roster, please discuss it with your group leader at the school.

Q: How much money should I give my camper?

We recommend \$30-\$50 for your camper's week at camp for snacks and souvenirs in the store.

Q: What kinds of things can my camper purchase in the store?

Our camp store sells treats – candy, soda, chips, ice cream, etc. – ranging in price from \$0.10 to \$4.00. We also sell souvenirs – rocks, arrowheads, small jewelry, sunglasses, shirts, hats, etc. Most items cost less than \$5.00 though walking sticks and hats can cost up to \$20.00.

Q: Can I send messages to my camper?

Absolutely! We print and deliver emails to campers daily during meal times. These messages only work one way, as campers will be too busy having fun to get on a computer to send messages back. You can also send mail to camp. Be sure to send it a week before your camper's time, and address the letter as follows:

Indian Hills Camp
Camper Name
School Name
15763 Lyons Valley Rd.
Jamul, CA 91935

Q: Can my camper call home?

Generally, campers don't call home to prevent becoming homesick. For campers missing home, hearing a parent's voice can often make the matter worse and the child is less likely to stay and enjoy camp. We can deliver messages to your camper via their teacher if needed. Please do not send your camper with a cell phone, and remember that cell service is scarce in our valley.

Q: Do you have a camp nurse on site?

Indian Hills Camp does not have a nurse on site all year round. We have first aid supplies available to the primary medical caregivers of each group to aid campers with any bumps and scrapes and medicines in the event of sickness. In case of emergency, we do have staff with medical training available and we are 25 minutes away from the nearest urgent care.

Q: Does your kitchen accommodate dietary restrictions?

Yes, please include that information in your camper's registration form. If your camper has a serious allergy, please contact the office to speak with our food service supervisor. Our kitchen does not serve nuts of any kind.