

# Sixth Grade Camp

We are so grateful for the opportunity to have your campers here with us this Fall. Indian Hills Camp was founded in 1960 by Bertha Watts and Ruth Folsom with the mission of reaching and teaching children for Jesus Christ through a traditional camp experience, and that remains our vision today. Our heart for Sixth Grade Camp is to teach your campers the wonders of science found in nature, and how it all points back to the Creator of it all. Our prayer for your camper is that they see and experience Jesus in a new and deeper way and that their relationship with Him will be forever changed.

In today's technology and media engrossed world, children need a chance to take a break from the distractions and over-stimulation of screens. Sixth Grade Camp is a great way to focus their attention on the world around them and to engage their minds as they consider, perhaps for the first time, the wonder of creation and the One who created it all. Our classes are designed to view God through the lens of science and nature. They are structured to broaden your camper's view and awareness, teaching them to see Jesus in the big and small details from the vast expanse of the universe to the important role the tiniest ant plays in the ecosystem of camp.

Our staff are committed to teaching children for the purpose of Jesus. We are all Christians devoted to spreading the Gospel and raising up the next generation of believers. Many of our staff serve here as missionaries to impact campers just like your child. They will lead with biblical principles and godly character and will invest in your child beyond teaching them science. We hope your child sees great examples of living for Christ which they will carry home with them.

When your camper is not in classes, they will be playing games, riding the BMX track, zip lining, swimming, practicing archery, perusing the camp store, or whatever else they can dream up during their free time. In the evenings they will play exciting night games, sit around the campfire, or gaze up at the stars during astronomy night. We have many fun activities for your camper planned so they can bond with their teachers and classmates and be more open to the lessons they will be learning about God.

Thank you for entrusting us with your child for a few days. We are so excited to get to know them and see them grow here mentally and spiritually, to impart upon your students a love for nature and a deeper understanding of, as well as a love for, the God who created it. We believe God uses outdoor education and camping to change students' lives.

**Thanks for choosing us for your adventure!**

*IHC Program Team*



## Sample Camp Schedule

### Tuesday

9:00	Arrival/Check In
10:00	Move into Cabins
11:15	Orientation
12:00	Class 1/Counselor Meeting*
12:30	Lunch
1:15	Class 2*
2:15	Class 3*
3:15	Free Time**
5:10	Flag Lowering
5:30	Dinner
6:15	Playground Time
7:00	Campfire
8:00	Night Game
9:10	Evening Devotion
9:45	Lights Out

### Thursday

7:00	Wake Up
7:45	Morning Devotion
8:10	Flag Raising
8:30	Breakfast
9:15	Barn Meeting
10:30	Get ready for hike
11:15	Hike Class 1*
12:15	Hike Class 2*
1:15	Hike Class 3*
2:45	Free Time**
5:10	Flag Raising
5:30	Dinner
6:15	Playground Time
7:00	Campfire
8:00	Night Game
9:10	Evening Devotion
9:45	Lights Out

### Wednesday

7:00	Wake Up
7:45	Morning Devotion
8:10	Flag Raising
8:30	Breakfast
9:15	Barn Meeting
11:00	Class 4*
12:30	Lunch
1:00	Class 5*
2:45	Class 6*
3:30	Free Time**
5:10	Flag Lowering
5:30	Dinner
6:30	Astronomy Night
9:10	Evening Devotion
9:45	Lights Out

### Friday

7:20	Wake Up
8:05	Morning Devotion
8:30	Breakfast
9:00	Test
9:45	Final Contest
10:00	Barn Meeting
11:00	Game
12:00	Lunch
12:30	Check Out

**\* Possible Classes:** Aware Class, The Web of Life, Animal Adaptations, Mighty Oaks, Rattlesnakes, Ancient People, Astronomy, and Survival Hike. See next page for class descriptions.

**\*\* Free time Activities:** Dirt boards, BMX, Obstacle Course, Sports, Farmyard, Game Room, Playground.

\*\*\*This is an example schedule and may not necessarily represent the final timing or logistics for your student(s)



# Class Overviews:

### Aware Class

Students will learn how God equipped them to use their physical senses to be aware of the world around them. We will discuss the importance of physical awareness to survival as well as how physical awareness and deepen our spiritual awareness. Throughout the week, students will be challenged to take their eyes off of themselves so they can see God and others more clearly.



### The Web of Life

Students will learn the basics of an ecosystem. We will discuss the critical role each organism plays in relationship with one another and how God thoughtfully designed organisms to live together to perfectly provide everything the ecosystem needs to survive. Students will learn what their role is in an ecosystem and their responsibility as stewards of God's creation.



### Animal Adaptations

Students will learn how God designed organisms to adapt to their changing surroundings. As environments change, animals, plants and other organisms



### Mighty Oaks

Students will learn about the ecosystem of an oak tree. We will discuss how God designed all of the organisms that live in and around oak trees specifically to interact with each other. Students will investigate the main three types of oak tree that grow in the California Chaparral, learning to identify them based on their bark, leaves and acorns.





## Class Overviews:

### Rattlesnakes

Students will learn about the main types of rattlesnakes found in San Diego County, and how to identify them. We will discuss how pit vipers strike and how their venom works. Students will also learn basic outdoor safety in areas where snakes can be found and what to do in the event of a snake bite



### Ancient People

Students will learn the basic human needs for survival and how ancient civilizations would have supplied these needs. In particular, we will discuss the Kumeyaay people who lived in Southern California and what they did to survive. We will discuss the idea of stewardship and how we can efficiently use, without exploiting, the resources God has given His people.



### Astronomy

In this special evening presentation, students will learn about the components with which God has constructed the universe. They will learn about the vast immensity of space, revealing to them a glimpse of how big our God is. Our goal is to wow the students with the intelligence, creativity and power of the God who created the universe and them.



### Survival Hike

On the last full day of camp, students will apply what they have learned on an all afternoon adventure. They will go on an instructional hike in which they learn about the native plants and their uses for outdoor survival. They will practice building shelter and a solar still to collect water. Students will also learn the key components to making a fire and heat their lunch on a fire they make with their cabin group.



## What to Bring

- Sleeping Bag
- Pillow
- Daily Change of Clothes
- Pajamas or Sweats
- Bible, Pen, and Paper
- Towel & Washcloth
- Toiletries (shampoo, toothbrush, toothpaste, etc.)
- Tennis Shoes or Boots (closed toe)
- Warm Jacket/ Sweatshirt
- Shower Shoes – recommended for wearing while in the shower
- Modest Swimsuit / Beach Towel
- Chap stick and Sunblock
- Hat / Beanie
- Flashlight

## What NOT to Bring

- Electronics including but not limited to cell phones, iPods, mp3 players, games, etc.
- Expensive items such as designer clothing, toys, electronic games, etc.
- Gum or Messy snacks
- Pocket knives, weapons, etc.

**\*\*\*Please be sure to label ALL of your belongings!\*\*\***



## Camp FAQs

### **Q: What time is check in?**

Schools can check in between 9:00 to 10:00 AM on Tuesday.

### **Q: What time is check out?**

Check out is between 12:30 to 2:00 PM on Friday

### **Q: What is the weather like?**

The falls in Jamul in October can be warm during the day and nights can get chilly. The fall is also when we usually get our rains. Be sure to send your camper with a good sleeping bag, warm layers, and rain gear.

### **Q: Can parents pay for registration and/or activities online?**

Registration is an agreement between IHC and the school, and as such can only be paid by the school. If you would like an activity added to your school's roster, please discuss it with your group leader at the school.

### **Q: How much money should I give my camper?**

We recommend \$30-\$50 for your camper's week at camp for snacks and souvenirs in the store.

### **Q: What kinds of things can my camper purchase in the store?**

Our camp store sells treats – candy, soda, chips, ice cream, etc. – ranging in price from \$0.10 to \$4.00. We also sell souvenirs – rocks, arrowheads, small jewelry, sunglasses, shirts, hats, etc. Most items cost less than \$5.00 though walking sticks and hats can cost up to \$20.00.

### **Q: Can I send messages to my camper?**

Absolutely! We print and deliver emails to campers daily during meal times. These messages only work one way, as campers will be too busy having fun to get on a computer to send messages back. You can also send mail to camp. Be sure to send it a week before your camper's time, and address the letter as follows:

Indian Hills Camp  
Camper Name  
School Name  
15763 Lyons Valley Rd.  
Jamul, CA 91935

### **Q: Can my camper call home?**

Generally, campers don't call home to prevent becoming homesick. For campers missing home, hearing a parent's voice can often make the matter worse and the child is less likely to stay and enjoy camp. We can deliver messages to your camper via their teacher if needed. Please do not send your camper with a cell phone, and remember that cell service is scarce in our valley.

**Q: Do you have a camp nurse on site?**

Indian Hills Camp does not have a nurse on site all year round. We have first aid supplies available to the primary medical caregivers of each group to aid campers with any bumps and scrapes and medicines in the event of sickness. In case of emergency, we do have staff with medical training available and we are 25 minutes away from the nearest urgent care.

**Q: Does your kitchen accommodate dietary restrictions?**

Yes, please include that information in your camper's registration form. If your camper has a serious allergy, please contact the office to speak with our food service supervisor. Our kitchen does not serve nuts of any kind.